

# **CURRICULUM VITAE**

# **ELISABETH ELLEN RIPPY**

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## **PERSONAL**

NATIONALITY: BRITISH / AMERICAN

AUSTRALIAN AHPRA REGISTRATION: Specialist Registration, NO: 20961

MEDICAL INDEMNITY INSURANCE : MIGA

PROFESSIONAL MEMBERSHIPS: Australasian Society for Breast Disease  
BREAST SURG ANZ  
Royal Australasian College of Surgeons  
Royal College of Surgeons (Edinburgh)

## **EDUCATION**

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Junior School – California, USA

Senior School – London, UK

BSc Biochemistry and Physiology: King's College, University of London 1986-1989

Medical School: CHARING CROSS AND WESTMINSTER MEDICAL SCHOOL,  
University of London, 1989-1995

MSc Surgical Science, University College, University of London, Sept 2001-2002

## **PROFESSIONAL QUALIFICATIONS**

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BSc Biochemistry and Physiology - Upper Second Joint Honours	June 1989
MB.BS	January 1995
MRCS (Ed)	Feb 2001
MSc Surgical Science	Sept 2002
FRCS (Royal College of Surgeons, Edinburgh)	Feb 2008
FRACS (Royal Australasian College of Surgeons)	Sep 2012

## **POST GRADUATE EMPLOYMENT**

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### PRESENT APPOINTMENTS:

Consultant Breast Surgeon  
Sydney Breast Clinic  
L12/97-99 Bathurst Street  
Sydney, NSW, 2000

Designated Surgeon  
Breast Screen NSW  
PO Box 208  
St Leonards NSW 1590

PRIVATE ROOMS : The Poche Centre                      Sydney Breast Clinic  
40 Rocklands Road                      L12/97-99 Bathurst Street  
North Sydney NSW 2060                      Sydney, NSW, 2000

## **OPERATING PRIVILEGES:**

North Shore Private Hospital  
3 Westbourne Street,  
St Leonards NSW 2065

Mater Hospital  
40 Rocklands Road  
North Sydney 2060

St Vincent's Private Hospital  
406 Victoria Street  
Darlinghurst NSW 2010

Hunters Hill Private Hospital  
9 Mount Street  
Hunters Hill NSW 2110

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**RECENT APPOINTMENTS:** Consultant Breast and General Surgeon,  
Breast, Endocrine and Surgical Oncology Unit,  
L6, EWL  
Royal Adelaide Hospital,  
North Terrace, Adelaide, SA 5000  
01/07/2009 – 31/05/2013

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## **COURSES**

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### **BREAST:**

Advanced Skills in Breast Disease Management	March 2007
Intermediate Skills in Oncoplastics /Breast Reconstruction Surgery	April 2006
Core Skills in Oncoplastics and Breast Reconstruction Surgery	Sept 2005
Intermediate Distance Learning Breast Disease Course	April 2003
Breast Ultrasound Course – Australian Institute of US	Oct 2009
Adip'Sculpt Liposculpture Symposium	Jul 2016
Liposculpture Workshop, Australasian College of Cosmetic Surgery	Oct 2016

### **GENERAL SURGERY:**

Definitive Surgical Trauma Care (DSTC) Course	Oct 2009
Masterclass in Endocrine surgery	Feb 2006
Colonoscopy Course	July 2004
Higher Surgical Skills Course	June 2001
Laparoscopic Cholecystectomy Course	October 2001
Basic Surgical Skills	May 1998
ATLS Qualification	Sept 1998

### **TEACHING:**

Teaching on the Run	June 2012
SAT SET Course	Feb 2013

## **RESEARCH**

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BSc Biochemistry – Elastase and Emphysema, King's College, University of London, (Supervisor - Professor Baum)

**MSc Surgical Science** (Molecular Biology), University College, Gower Street, London

**Thesis** – Investigation of DNA damage and repair on the chemosensitivity of gliomas (Supervisors: Daniel Hochhauser, John Hartley) Submitted and Accepted Sept 2002.

## **ORIGINAL ARTICLES**

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Breast Cancer in Young Women, The Medical Observer ( due for publication June 2017)

Breast Reconstruction EE Rippy, The Medical Observer. October 2015)

The Angelina Effect. E E Rippy. The Medical Observer . December 2014)

Influences on Decision for Mastectomy in Patients Eligible for Breast Conserving Surgery. EERippy, R Ainsworth, D Agarwal, J Kollias, M Bochner, R Whitfield. The Breast, vol 23, issue 3, June 2014, pg. 273-278

A comparison of vitamin D activity in paired non-malignant and malignant human breast tissues. Rachel J Suetani, Kristen Ho, Shalini Jindal, Jim Manavis, Paul M Neilsen, Kathleen I Pishas, Elisabeth Rippy, Melissa Bochner, James Kollias, P Grantley Gill, Howard A Morris, David F Callen. Mol Cell Endocrinol. 2012 Oct 15;362(1-2):202-10

Pregnancy after breast cancer: the importance of active counselling and planning  
EE Rippy, I Karat, MWKissin , Breast. 2009 Dec ;18(6) 345-50

Is HRT justified for symptom management in women at higher risk of developing breast cancer? Rippy L, J Marsden, Climacteric 2006 Dec. 9 (6)pp 404 -15

An Unusual Presentation of Follicular Thyroid Cancer. E.Rippy, F.Amen, H.Bradpiece. eStep.rcseng.ac.uk (Sept 21,2001)

Cerebral hyperperfusion syndrome: A case study and review of the literature. Elisabeth Rippy, John Wolfe. Vascular and Endovascular Surgery, Vol 36 (4), July/Aug 2002, 291-296

## **PRESENTATIONS**

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Breast Care Best Practice – US Breast Care Meeting Feb 18 2017

RNSH Medical And Surgical Womens Society 17<sup>th</sup> Oct 2016

Nurses Day Surgery Course- Breast Surgery, Sept 24<sup>th</sup>, Kolling Auditorium, North Shore Hospital

Breast Reconstruction – 45<sup>th</sup> Annual Scientific Meeting (ASUM) Sept 2015

Breast Augmentation and Reconstruction, The Breast Surgeon and Ultrasound August 2014, Feb 2015 – Australian Society for Ultrasound in Medicine (ASUM)  
Royal Society of Medicine – Cerebral hyperperfusion syndrome March 2000

Use of Blue Dye in Sentinel Lymph node biopsy: time to re-evaluate. G Wong, EERippy, M Bochner, R Ainsworth, presented ASBD Sep 2013 Cairns,

Nipple and Skin Sparing Mastectomy – 80<sup>th</sup> Annual Scientific Congress, Royal Australasian College of Surgeons, 2-6<sup>th</sup> May 2011

Five Year Audit of Local Recurrence after Wide Local Excision- Chase Farm Hospital 2003

## **AUDIT**

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Five Year Audit of Local Recurrence after Wide Local Excision- Chase Farm Hospital 2003

Audit of mastectomy rates at the Royal Adelaide Hospital (2005-2011)- 2013

Audit of Implant reconstruction Complications 2013-2016, Private Practice Sydney

## **TEACHING**

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I have been responsible for teaching basic surgical skills to house officers and senior house officers under my care as well as general surgery principles and practices. I have taught basic surgical physiology to SHOs undertaking their surgical vivas. I have taught breast reconstructive techniques and have set up training days in both Guildford and Nottingham. I ran suturing workshops for the surgical interns and acute surgical unit fellows at the Royal Adelaide Hospital. I have given talks for breast cancer support groups about breast cancer and its effects. Until recently, I taught 4<sup>th</sup> and 6<sup>th</sup> year students weekly and was a clinical senior lecturer in the discipline of Surgery within the School of Medicine at the University of Adelaide. I have received 2 citations for excellence in clinical teaching from the University of Adelaide. I have been part of the specialist general surgical training short course program at the Royal Adelaide Hospital in Adelaide and at North Shore Hospital in Sydney for trainees about to sit their final fellowship exams. I lecture for the

Australian Society for Ultrasound in Medicine and the Early Breast Cancer Patients group, Mater Hospital.

## **SUMMARY OF BREAST EXPERIENCE**

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In addition to my “basic breast surgery” techniques which include mastectomy, wide local excision, wire and image-guided local excision and full level III axillary clearance as well as sentinel node biopsy and benign breast work, I have extensive training in breast reconstruction. As a specialist registrar, I had 2 years of oncoplastic experience, including one as the national oncoplastic fellow in Nottingham where I had the benefit of plastic surgery as well as breast oncoplastic training. My oncological work has benefited from being in a renowned centre of excellence in the UK. I am trained in oncoplastic techniques in the breast including volume displacement and volume replacement techniques, both implant and autologous tissue-based reconstructions as well as mastopexy, therapeutic mammoplasty, breast reduction, liposculpting, lipofilling, augmentation and other aesthetic breast procedures. I particularly enjoyed and benefited from the close working relationship between my plastic and breast surgery colleagues and was part of a regular reconstruction clinic run by the breast and plastic surgeons at the Royal Adelaide Hospital.

I was a Consultant Breast and General Surgeon at the Royal Adelaide Hospital in Adelaide, Australia. In this busy breast unit we saw one third of all new breast cancers in South Australia. The Royal Adelaide is a tertiary referral hospital and we received referrals from regional hospitals and the Northern territory. I provided my patients with a full range of options including breast reconstruction. I helped run a joint reconstruction clinic where breast and plastic surgeons offer patients a complete breast reconstruction service and where surgical treatment including reconstruction is matched to each individual patient’s needs. I set up a reconstructive database and was in the process of having an integrated audit and assessment system. I wrote clinical guidelines for the use of neoadjuvant chemotherapy at the Royal Adelaide. I audited our mastectomy rates for the last 10 years and have been part of several publications from our unit. I introduced lipofilling and liposculpting for breast cancer patients at the Royal Adelaide, a technique I learned in the UK and would like to expand its use for improvement of post radiotherapy cosmetic issues and reconstruction. I also introduced the use of acellular dermal matrix for implant-based reconstruction.

In Sydney I am involved in Gp and ultrasonographer education. I write articles for the Medical Observer and lecture for Gp education and give lectures for ASUM for ultrasonographer education. I edit articles for The Australian and New Zealand Medical Journal