

Pre-Admission Instructions

Before you Come to Day Surgery

Prior to your admission, please send your Pre-Admission form to the hospital.

- Contact your health fund to confirm your cover.
- Ask your doctor about your medications and what to take before and during your hospital stay.

Prior to admission we ask that you:

- Shower
- Abstain from food and drink in the preceding 6 hours, unless otherwise advised by your doctor
- Wear comfortable, loose-fitting clothing
- Bring a non-underwire bra that you could sleep in comfortably
- Arrange for someone to drive you or accompany you home in a taxi

What to bring on the day:

- Correspondence from your doctor(s)
- Past medical history from your GP
- List of your current medications and dosage information
- Medication for the treatment of diabetes
- X-rays and test results relevant to your procedure
- Health fund details and settlement of outstanding fees due on admission
- Medicare card, pension card or other concession cards such as veterans' affairs entitlement card and health fund details. (Please confirm your private health insurance status with your health fund)

What NOT to bring:

- Sleepwear (we will provide you with a gown)
- Valuables
- Wheat packs as they can't be placed in the microwave
- Hot water bottles and electric blankets

When you arrive:

Please check in at the reception desk located in the main entrance foyer. You will then be directed to the Admissions Centre. Occasionally there is an unexpected delay because of a more complex case or an emergency. We suggest you bring a book or other diversion to pass the time should this occur. We will keep you informed about any delays.

How long will I be there?

You will need to be in hospital for half a day or 4 hours after your surgery. If you have morning surgery you can leave in the afternoon. If you have afternoon surgery, you can leave in the evening.

Are there any rules for discharge?

You will only be allowed to have day surgery if you can be collected by and go home to a responsible adult who can be with you for 24 hours after your surgery. If not, you will be admitted overnight.